

Vermillion School District

SHOULD MY CHILD BE AT SCHOOL WITH THIS ILLNESS?

Here are guidelines for sending your child to school. If you have questions, please call your school nurse, doctor, or other health care provider.

COLD, SORE THROAT, COUGH

Your child **may go to school when he or she has ALL of the following:**

- Has only mild cold symptoms, or no cold symptoms.
- Has a normal temperature (under 100 degrees) for 24 hours or more.
- Has enough energy to do school work.
- Can keep from spreading germs by washing their hands, throwing away used tissues, coughing onto their sleeve, and coughing away from other people.
- Has been taking antibiotics for MORE than 24 hours (or is not taking any antibiotics).

Your child **may NOT go to school when he or she:**

- Has a fever (temperature over 100 degrees) or needs fever-reducing medicine.
- Has swollen glands.
- Has been taking antibiotics for less than 24 hours.

VOMITING & DIARRHEA

Children must stay home for at least 24 hours after vomiting or having diarrhea (3 or more loose stools in a day). They must be able to eat and drink before coming back to school.

FEVER

Your child must have a normal temperature (under 100 degrees) for 24 hours without fever-reducing medicine (such as ibuprofen or Tylenol) before returning to school.

HEADACHE

A child should stay home if their headache is bad enough that they cannot do school work, or if they also have other symptoms, such as fever.

EARACHE OR TOOTHACHE

A child does not have to miss school because of an earache or a toothache if they are getting medical care, have no other symptoms such as fever, and feel well enough to do school work.

RED EYES

Keep your child home if the white part of the eye is red and there is yellow or green crusty or goopy stuff in the eye. If your child has pink eye (conjunctivitis) they must stay home until they have been using antibiotic eye medication for 24 hours or more. Pink eye can spread easily.

RASH

Keep your child home if they have a rash over a large part of their body, or if the rash is open, oozing, is accompanied by a fever, or if it is known to be contagious.

Thanks for helping to keep all of our children healthy!